Bharati Niwas Society's

# Balranjan Kendra

(Estd: 23rd January 1988) 108/21 Sahakar Sadan, Bharati Niwas Society, Behind Income-tax Office, Karve Road, Pune 411 004.



### Mrs. Madhuri Sahasrabudhe

(Founder - Director)

B.A. (Psychology), Master of Social Work, Diploma in Communication Media for Children, Certificate in Journalism

Tel.: 2543 0219

An Activity of 350 Children

Office hours:

6 to 7 p.m.

#### New admissions:

from 1st to 5th of

(except Thursday and Sunday) January, April, July and October

## **Activities of Bharati Niwas Society:**

- Mahila Mandal for Women © Card Club for Senior Citizens
- Balranjan Kendra for Children Yoga, Meditation & Pranayam Classes for all

# Allround development through constructive activity!

A entre conducting extra-curricular activities for children of 3 to 14 years age group.

In their busy schedule children need of least one hour of stress free activity.

Efforts are being made to achieve Physical, Social, Emotional and Moral development through recreational activities. Appropriate activities are planned for different age groups. Groups are conducted by trained instructors. They are called 'Tai' and 'Dada'.

The activities begin with ten minutes of physical exercise, followed by jogging on the well-planned Jogging Track. Then children participate in sports activities. The vigourous activities are followed by story-telling and singing for younger children and

- Centrally located yet pollution free and safe playground
- Pleasant, clean and green surrounding
- An opportunity of 'Learning through Experience'

Pranayam and concentration exercises for older children. Activity concludes with prayer. This calms them down and rejuvenates their energy. Parents have observed that it helps them concentrate in their studies.



Children with competitive mind set can take up coaching for Basketball or Skating. Some of the talented children have been selected for District, State and National level tournaments. Children showing talent for performing arts can participate in weekly theatre workshop. Some of them have bagged prizes in City, State and National level competitions. This activity is appreciated by many eminent theatre personalities.

Day to day activities are accompanied by Picnics, Outings, Visits, Drawing and Painting, Craft, Origami, Vocation Workshops, Film show, Slide show, Puppet show, Story telling, Dance, Library, Ice-cream party, Sugarcane juice party and Campfire.

Local cultural activities: Variety entertainment programmes by children in Ganesh festival, Bhondla, Rangpanchmi, Diwali, Sankrant etc.

**Some interesting projects**: Pollution watch, Garbage problem, Natural environment etc.

Sujan Palak Mandal' enables parents to develop their parenting skills by conducting lecture series and group discussions.

